



Who is it for?

Men and women aged 30-70 who would like to get active or just have some fun and socialize

Do I need to have played hockey before?

No, anyone can try it out! Whether you are a season player who wants to slow it down a bit, or never picked up a stick before, we are happy to have you!

What do I need?

Just yourself. We will provide sticks for you and go through the rules with you. Please wear runners and comfortable clothes.

Where?

Aura Leisure Link Hockey Pitches. Windtown Road, Navan, C15 N274

Interested or need more information?

Email: secretary@navanhockeyclub.ie

Phone or WhatsApp: Margie, 086 872 0297