



NAVAN Hockey Club

Newsletter



GENERAL INFO

Welcome to the Ninth Edition of the Navan Hockey Club Newsletter!

As another **exciting month** comes to a close, **Navan Hockey Club** has plenty to celebrate both on and off the pitch. From important **league victories** and cup finals to the launch of **brand new community programmes**, this edition is packed with positive news from across the club.

Our **Men's Team** finished their **season strongly**, securing **valuable wins** and confirming their **Division 4** status for next year. With a number of **young players** stepping up in recent matches, the future looks bright for the **Badgers**.



The **Ladies Team** swapped league action for a fantastic **Easter Hockey Festival** trip to the **UK**, enjoying **fun-filled matches**, team **bonding** and a **memorable weekend** representing **Navan HC** abroad.

In our **Juvenile Section**, there was **silverware, finals** and **superb performances** to celebrate. Our **Inters A** battled bravely in a **Leinster Final**, while our **1st Years** were crowned **Leinster Champions** after a thrilling victory.

Off the pitch, we were delighted to launch our brand new **Walking Hockey programme**, welcoming new faces to the club in a **fun, social** and **inclusive environment**. With **Hockey4All** also coming soon, there is even more to look forward to in the months ahead.



Thank you to everyone who continues to support **Navan Hockey Club**.

GENERAL INFO - TEAMS

Mens

As another exciting month comes to a close, there was plenty to **celebrate across Navan Hockey Club**. From strong finishes to **promising performances**, our teams continue to show **resilience, growth** and plenty of reasons to be **optimistic for the future**.

Navan Men's XI 3 vs 1 Dublin North

11 April 2026

Navan secured a hugely important **three points** against fellow **Division 4** strugglers **Dublin North** in a hard-fought encounter at **ALSAA**.



The opening quarter was scrappy, with Navan struggling to settle into **rhythm** and **several promising** attacks breaking down before they could create clear chances. **Harry** came closest early on with a superb strike that was well saved by the keeper.

The breakthrough came in the **second quarter** when **David Deasy** fired powerfully through the goalkeeper's pads to give **Navan the lead**. Dublin North responded well, however, and levelled the scores after a **dangerous ball** into the circle was cleverly **deflected past Tom**.

Both sides **battled** through the **second half, cancelling** each other out for long spells. **Alex McKeever** worked tirelessly to drive Navan forward, while **Deasy** remained calm and **influential in possession**. It was **Deasy** who struck again when he reacted **quickest** in the circle to finish from a clever **Alan Davis** pass and restore the lead.

Philip Garry then sealed the **victory** with one of his trademark counter-attacking runs and a composed finish past the keeper.

Navan may not have been at their fluent best, but they **showed character** to grind out a valuable win as the **season neared its close**.

Navan Men's XI 5 vs Rathgar 2

25 April 2026

A **youthful Navan** side **rounded off** the season in superb fashion with an emphatic **5-2 victory** over **Rathgar**. The result secured **Navan's Division 4** status for next season and offered plenty of **encouragement** for the **future**.



GENERAL INFO - TEAMS

Mens

Rathgar **started strongly** and applied **early pressure**, but **Navan** stood firm. Experienced heads **Ian Moore, Lawrence Amy** and **Alex McKeever** helped guide young **Allain**, who impressed greatly in an unfamiliar left-back role.



As the game settled, **father-and-son** duo **Ben** and **David Deasy** began to take control in midfield. Navan opened the scoring when **Oscar** reacted **quickest** in a crowded circle to slot home his **first senior goal** for the club. **Hugo** soon doubled the lead, calmly finishing to also **open his senior** account.

Rathgar responded and **forced** several short corners, but **Tom** produced some excellent saves before a the deflected **effort found net**. Navan quickly restored control when **David Deasy** brilliantly controlled an **aerial ball** before smashing home into the **roof of the net**.

Hugo then grabbed his **second** of the afternoon with a composed finish after carrying the ball strongly through the defence. **Rathgar added a second** from a **penalty stroke**, but Navan had the final word when another flowing move ended with **Oscar** finishing smartly from a tight angle for his second goal.



It was a **brilliant attacking display** and a fitting end to a season of highs and lows. With so many young players stepping up and making their **mark**, the **future** looks bright for **Navan Hockey Club**.

GENERAL INFO - TEAMS

Women

While the league season had already wrapped up, the **Navan Ladies** were still in **action** over the **Easter holidays** as they travelled to **Weston-super-Mare** in the **UK** after being invited to take part in a fantastic **Easter Hockey Festival**.



The trip brought together hockey players from across **Ireland** and the **UK**, with teammates joining forces to play **together**, make **new friendships** and **enjoy the game** in a **fun** and **relaxed atmosphere**.

Navan entered both a **Ladies team** and a **Mixed team**, with fast-paced **7-a-side** matches played over **25** minutes. But these were **no ordinary hockey games!** Some matches had players using only **one hand**, others required players to **spin in circles** when the whistle blew three times, and some even had players turning their sticks around and playing with the **handle instead!**

The focus of the festival was all about **fun, laughter** and **enjoying** time with fellow **hockey lovers**, and it certainly delivered. While the Navan teams didn't lift the trophy this year, **spirits** were high throughout and everyone thoroughly **enjoyed cheering** on the **finalists**.



The **weather** was **sunny** for much of the weekend, although the evening winds nearly had everyone **drafted into a new flying formation!** There was also a brilliant **fancy dress party**, where Navan players dressed as characters from **The Traitors**, complete with **cloaks** that proved very useful on the **windy walk** back to the hotel.



It was a fantastic getaway filled with **smiles, memories** and great **team spirit**. The Ladies are already looking forward to returning next year, and hopefully bringing even more Navan members along for the adventure!

A heartfelt **thank you** to everyone at **Breanfields** for organising this wonderful **festival** and making sure everyone had fun while staying safe throughout the weekend. It was a **brilliant event**, as it always is, and we hope to see everyone again **next year!**

GENERAL INFO - TEAMS

Juveniles

Another **fantastic** month for our **Juvenile section**, with our young players showcasing **determination, teamwork** and **tremendous skill** on the biggest stages. From battling bravely in a **Leinster Final** to lifting **championship silverware**, the future of **Navan Hockey Club** continues to **shine brightly**.



Inters A

Navan Inters A vs Dublin North

19 April 2026

Navan's **Inters A** can hold **their heads incredibly high** after a superb run to the Division 7 **Leinster Final** at the **National Sports Campus**.

In a **closely fought** and evenly matched **contest**, the girls were desperately **unlucky** to come out on the wrong side of a **single-goal** result after a scramble in the circle. It was the **narrowest of margins** in a game that could easily have gone either way.

Niamh produced some excellent saves, while **Zoe** was heroic in **defence** throughout. **Chloe** and **Amabel** cleared their lines **brilliantly**, with **Amabel, Andrea** and **Kate** driving the team forward from midfield with powerful runs and tireless energy.



Further forward, **Gemma, Eleanor** and **Hanna** all played their part and were unlucky not to see chances converted. **Captain Kate** led by example and deservedly earned **Player of the Match** for her inspirational running, **tackling and determination**.

While **silver medals** can be tough to accept after such a huge effort, the **entire club** is immensely **proud** of these girls. Reaching another final is a massive achievement and a reflection of the **hard work, dedication** and **talent** within this squad.

A huge thank you to **Ru** and **Margie** for their support on the day, and to all the **parents, guardians, club members** and **supporters** who came out to cheer the team on.

This group has proven **their quality** time and time again, and there is no doubt they will be back **stronger** than ever **next season**.

1st Years

Navan 1st Years 4 vs 1 Avoca

19 April 2026

Navan's 1st Year team booked their place in the **Division Semi-Final** with a brilliant win over a determined **Avoca** side in Navan.

The girls started **strongly** and created several chances, but **Avoca's** organised **defence** and **talented goalkeeper** kept the scores level early on. **Lauren** finally broke the **deadlock** with a cracking strike before **Tessa** added a second soon after as **Navan's confidence** grew.

In the **second half**, **Lauren** grabbed her second from broken play in front of goal. Avoca responded with an **excellent goal** of their own, but Navan stayed focused and **Liliana** added a fourth to secure the win.

Parents and **coaches** were immensely proud of the team's fighting spirit and looked ahead **excitedly to the final**.



1st Years

Navan 1st Years 3 vs 2 North Kildare

26 April 2026

Leinster Champions!!

What a moment for **Navan Hockey Club** as our **1st Years** were crowned **Leinster Champions** after an exciting and hard-fought victory over **North Kildare**.



Both teams created chances in a **fast-paced** opening, but Navan goalkeeper **Blaithín** kept the game level with a superb early save. Navan then moved the ball **brilliantly up the pitch**, where **Moya** finished smartly from close range to open the scoring.

North Kildare responded quickly to level matters, setting up a **tense second** half. Navan returned with greater structure and **confidence**, and **Lauren** restored the lead with a **well-worked** short corner finish.

North Kildare continued to **press**, but Navan's defence and **goalkeeper stood** strong. **Tessa** added a crucial third goal before the visitors struck late to set up a dramatic finish. Led by **Meabh**, the **Navan defence** worked tirelessly to protect their lead until the final whistle. Parents and coaches from both sides could be proud of two teams who showcased everything great about hockey.

A special thank you to **Coach Helen** and **Robbie** for all their hard work throughout the season.



A huge congratulations to our **1st Years, Leinster Champions** and fully deserved!

Club Stories

There was plenty of **excitement** off the pitch this month as **Navan Hockey Club** launched a brand new **initiative**, aimed at bringing even more people into the game.

We were delighted to host our very first **Walking Hockey** session on **Saturday, 25th April 2026**, and what a fantastic start it was!

With **parents, friends** and **new faces** joining in, the opening session was full of **laughter, fun** and plenty of **smiles**, all helped by the beautiful sunshine on the day.



Walking Hockey is a fun, **social** and **inclusive** version of the sport designed for anyone who wants to get **active, meet people** and enjoy being **outdoors**. No previous hockey experience is needed, **and all skill levels are welcome**.

Open to everyone aged approximately 30 to 70+, it's a perfect way to stay active this summer in a relaxed and friendly environment.

Safe, Fun & Easy to Join

We provide **all the equipment**, including **hockey sticks** and **balls**, so there is no need to bring anything with you.

The game uses **plastic sticks** and **balls**, with **safer adapted** rules such as:

- No running
- No high balls
- No big hits

This keeps sessions **enjoyable, welcoming** and **suitable for everyone**.



Join Us Every Saturday

Walking Hockey takes place every **Saturday**

- 12:00pm – 1:00pm
- Aura Leisure Link Hockey Pitches, Windtown, Navan

It is completely free to attend, so bring a **friend, neighbour** or **family member** and come give it a try!

A huge thank you to **Hockey Ireland** for sponsoring brand new **sticks, balls** and **bags** for our **Walking Hockey programme**.

Your support has helped make this exciting initiative possible.



OUR LOVELY SPONSORS

PCI Pharma Services

Navan Hockey Club would like to give a big shoutout and thank you to PCI Pharma Services for their generous sponsorship of new jerseys for the younger girls' team.

The players were absolutely delighted to receive their fresh kit, and they wear it with pride every time they step onto the pitch.

Your support helps us grow the sport and inspire confidence in our younger players — and they're now looking sharper than ever! Thank you for being part of our hockey journey.



The Central Navan

Navan Hockey Club would like to extend a heartfelt thank you to The Central Navan for their incredible support and generosity. From sponsoring events and providing vouchers, to hosting a previous ABBA Disco Bingo night and celebrating with the lads after their previous league wins — you've been there every step of the way and deserve a massive thank you from everyone in Navan Hockey Club!

Bannon Auctioneers & Valuers

A heartfelt thank you to Bannon Auctioneers & Valuers for their generous and ongoing support of Navan Hockey Club. Not only did they sponsor a fantastic prize for our family fun day event, helping to make the day even more memorable, they also provided jackets for the ladies' team — which are still proudly worn to this day!

Your support has made a real difference to our club, both on and off the pitch. We're incredibly grateful to have you as part of the Navan Hockey Club community.



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Thank You For Reading!

Come Back Next Month For More Club Related News



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See You Next Month!