



# NAVAN HOCKEY CLUB

## Newsletter



### GENERAL INFO

## Welcome to the Sixth Edition of the Navan Hockey Club Newsletter!

**A**fter a festive pause, we're delighted to **kick off 2026** with a packed **January Newsletter**, combining highlights from **December** and **January** as all teams returned to action with energy and determination.

Our **Men's Team** faced a **challenging** run of fixtures through tough conditions and **injury setbacks**, but showed real **resilience** and **growth** — including a **well-earned victory** to open the New Year and promising performances to build on as the season continues.



The **Ladies Team** started **2026** on a **high** with a thrilling **home win**, showcasing strong attacking play, composure under pressure, and a fantastic all-round team effort to secure three valuable points.



Our **Juvenile Section** continues to **shine**. The **1st Years** extended their **winning streak** with **two excellent** performances, while the **Inter A** squad remain **unbeaten** at the top of the table with **back-to-back wins**. The **Inter B** team showed great fight and **improvement**, proving once again that hard work and determination pay off.

In **Club Stories**, we look ahead to an exciting year for **Navan Hockey Club**, including plans for a future **Astro pitch** and details of our upcoming **Table Quiz Fundraiser in March** — a key step in supporting the club's long-term growth.

Thank you to all our **players, coaches, volunteers, parents, and supporters** for a brilliant start to **2026** — there's plenty to look forward to in the **months ahead!**

## GENERAL INFO - TEAMS

### Mens

The closing **weeks of 2025** and the opening **fixtures of 2026** proved to be a demanding period for the **Navan Men's XI**, with **fluctuating** squad availability, **tough conditions**, and a mix of narrow defeats and encouraging performances. Despite the challenges, the **Badgers** showed **resilience, development**, and **flashes of quality** that point to promise for the second half of the season.

#### Navan Men's XI 1 - 2 Corinthians

Goal Scorers: Ru Clarke

13 December 2025

A **heartbreaking loss** for the travelling **Badgers** as they took on **Corinthians** on the windy slopes of the **Dublin mountains** with only the **bare eleven** available. Having faced the same opposition in the Cup weeks earlier, **Navan approached** the match with **caution** but showed great intent from the outset.

Navan struck early when **Ru Clarke** converted a penalty corner with a **well-placed drag flick** through the keeper's legs. The **Badgers** continued to press and came close to extending their lead, with **Allain**

**Penkula** narrowly missing out on opening his senior scoring account. **Clarke** also went close again with a reverse shot as **halftime approached**. Defensively,

**Navan** were **solid**, with **strong tackling** from **Matthew Smith** and excellent midfield work from **Alan Davis, David Deasy, and Ciaran Kearns**. Debutant **Hugo Gillick** impressed in his first full senior appearance.

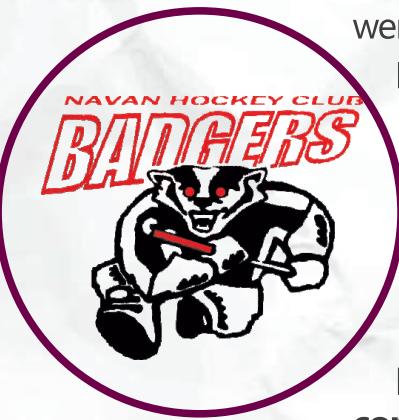
As the game wore on, **fatigue** allowed **Corinthians** to dominate possession. A failure to clear the ball led to an equaliser from a **penalty corner**, before a scrappy late goal saw **Corinthians** snatch the win with just three minutes remaining. Despite the disappointment, there were **many positives** to take from a **spirited performance**.

#### Navan Men's XI 3 - 1 Avoca

Goal Scorers: David Deasy, Ben Deasy, Jack Linke

17 January 2026

**Navan** opened their **2026 campaign** with a deserved and **well-worked victory** over **Avoca** in a crucial **bottom-of-the-table clash**. From the first whistle, the **Badgers** looked composed on the ball, passing **confidently** through the lines and controlling large portions of the game.



## GENERAL INFO - TEAMS

### Mens

**A** strong midfield trio of **Alex McKeever**, **Ciaran Kearns**, and **David Deasy** dictated the tempo, while **Lawrence Amy** delivered an outstanding performance at **right back**, combining **tenacious defending** with **intelligent attacking** runs.

Navan built a **two-goal** cushion through smart finishes from **David Deasy** and **Ben Deasy**, before **Avoca** pulled one back to keep the contest alive. The match took a **sombre** turn when **Amy** suffered a **serious rib injury**, with the club grateful to **Avoca** for their support in **arranging medical care**.



Despite **reshuffling** with a limited bench, Navan showed real **determination**. A beautifully worked team move saw **Jack Linke** finish from close range to seal the **win and secure three valuable points**.

### Navan Men's XI 1 - 5 Rathgar

Goal Scorers: **Ru Clarke**

24 January 2025

Navan faced a tough **re-fixed** league fixture against **Rathgar** in **miserable conditions**, with **injuries** continuing to severely impact squad availability. **The Badgers** started brightly, showing good **composure** and creating **early opportunities** down the right flank.

**Rathgar** gradually adjusted to the **press and capitalised** on their chances, taking a three-goal lead into halftime. Navan responded in the third quarter when **Ru Clarke** swept the ball home following **good link-up** play with **David Deasy**, briefly giving the visitors hope.

However, **Rathgar** maintained control and extended their lead as heavy rain set in. **Despite the scoreline**, there were encouraging spells of possession and improved passing throughout the match. **With injuries** continuing to disrupt selection, Navan will need to **dig deep** as the season progresses.

## GENERAL INFO - TEAMS

### Women

#### Navan Ladies 3 - 2 UCD

Goal Scorers: Bronagh, Christine, Laura

10 January 2025

The **Navan Ladies** kicked off the **New Year** in style with a hard-fought and **victory** over **UCD**, breaking the **deadlock** early in **January** and setting a **positive tone** for the months ahead.



Navan **opened the scoring** from a short corner, with **UCD** initially blocking the effort before **Bronagh** reacted quickest to sweep the loose ball into the net.

**The Ladies** continued to apply pressure, and their advantage was doubled before halftime when **Christine** struck cleanly from another well-worked short corner to give Navan a strong lead going **into the break**.

**UCD** pushed back with intent in the **second half**, using quick breaks to test the **Navan defence**, but the back line remained composed under the leadership of **Rhona**, who controlled play from the sweeper position. Navan's **third goal** proved decisive — **Laura** showed great composure at the back post, **controlling** the ball under **pressure** and **calmly** reversing it into the net.

**UCD** responded with a **short corner conversion** and added a **second** goal following a scrappy phase of play after an initial save from **Mags**, but the final whistle blew shortly after to secure the win for Navan.

**Strong performances** from **Niamh** and **Sophia** in midfield kept Navan on the front foot throughout the match, while youngsters **Eppie**, **Amira**, and **Sarah** impressed with their relentless pressure and attacking energy.

A fantastic team effort to start **2026 on a high** — well done, Ladies!



## GENERAL INFO - TEAMS

### Juveniles

**A**fter a short **festive pause**, our Juvenile section returned in **January** full of **energy, focus**, and **fantastic performances across all age groups**. With December and January combined into one update, it's clear that the momentum built before the holidays has carried strongly into the new year.

#### 1st Years

Navan 3 – 2 Old Alexandra

*Goal Scorers: Lauren, Tessa*

11 January 2026

The **1st Years** kicked off the **New Year** with a **superb** away **win** against **Old Alexandra** in a tightly contested match. Navan faced a formidable goalkeeper who made **several outstanding saves**, but the girls stayed **patient** and **focused**, managing to convert **three excellent goals** to edge the contest.



The team showed great **composure** and work rate throughout, **defending** resolutely while continuing to create chances. Coach **Helen** was extremely **proud** of the squad's **determination and concentration**, especially against such strong opposition, as they extended their impressive winning streak.

#### 1st Years

Navan 4– 0 Malahide Fingal

18 January 2026

**Another confident performance** followed the week after, as the **1st Years** travelled away to **Malahide Fingal** and came away deserving **4–0 winners**. Navan controlled the match from **start to finish**, creating numerous chances and showing **maturity** well beyond their years. Coach **Helen** was particularly pleased to see players stepping into **unfamiliar positions** and coping **admirably**, demonstrating the squad's **adaptability** and **growing confidence**. While some tough challenges still lie ahead, the steady improvement and teamwork shown by this young group is extremely encouraging.



**Well done** to all the girls on a fantastic start to **2026!**

## Inter A

Navan Inter A, 2 – 1 Dublin North

*Goal Scorer: Amabel, Gemma*

11 January 2026

A **crucial** and **well-earned victory** saw the **Inter A** girls maintain their **perfect record** and secure **top spot** on the table, remaining **unbeaten** as they head toward the business end of the season. From the opening whistle, Navan were a force to be reckoned with, attacking high and applying relentless pressure across the pitch. The **breakthrough** came from a superbly executed short corner, with **Amabel** striking the ball with pace and precision. Although the **Dublin North** keeper got a touch, there was enough power behind the shot to see it cross the line. **Zoe** led brilliantly from the back, **communicating constantly** and keeping the **defensive unit organised** as Dublin North looked for opportunities on the break.

Dublin North did manage to **level the game** through a well-taken short corner, but **Navan** responded with confidence and belief. **Determined** to take all three points, the girls pushed forward again, and a **fantastic passage** of play involving **Kate** and **Hanna** set up **Gemma**, who finished calmly to restore Navan's lead.

The defence then took full control of the game, with **Ruth, Ellen, Sophie, and Amanda** putting in outstanding performances to close down space and keep **Dublin North** out until the final whistle. **Coach Bronagh** was incredibly proud of the squad after another stellar display of teamwork and composure.



## Inter A

Navan Inter A, 4 – 2 Dublin North

*Goal Scorer: Ellen, Chloe x2, Eleanor*

25 January 2026

**Another excellent performance** followed two weeks later as the **Inter A** girls recorded their **fifth consecutive win**, this time against a strong **Weston** side. Each of **Navan's four goals** was the result of intelligent movement, patience, and exceptional team play to break down an excellent Weston goalkeeper.



The girls' hard work on **positioning and off-the-ball movement** was clearly on show, allowing them to exploit space and **create quality chances** throughout the match. **Chloe** was in fine form with two **well-taken goals**, while **Ellen** and **Eleanor** also found the back of the net to cap off a commanding display. **Coach Bronagh** was delighted with the team's performance and progress, praising the **consistency, work rate, and unity** shown by the squad. With only one more league match remaining before the playoffs, the girls continue to build momentum at exactly the right time.

A big thank you to **Christine** for **umpiring** and to all **parents and guardians** for their continued support from the sidelines!

## Inter B

Navan Inter B, 1 – 6 Boyne

Goal Scorer: Leah

11 January 2026

The **Inter B** girls showed **tremendous resilience** in a match that truly was a game of two halves.

Boyne dominated the first half, finding space inside the circle and capitalising on their chances. **Despite the scoreline**, Navan **regrouped** at halftime with **renewed determination**.

The second half saw a **much-improved Navan** side, winning more possession, attacking in numbers, and moving the ball with **confidence**. The reward came after a spell of sustained pressure when the ball found **Leah in space**, and she struck decisively past the keeper to **score a deserved goal**.

Several positional changes, strong **passing sequences**, and **fierce commitment** from every player made a clear difference in the second half. **Leah** was named **Player of the Match** for her relentless pressing and **well-earned goal**.



**Coach Margie** was delighted with the team's response and attitude, noting how much the girls continue to learn and grow with every game.

A fantastic group who never stop fighting and **supporting one another**.

## Upcoming Matches

### Inters B Matches



8 February 2026



Navan 2nd



Skerries 4th



Mercy Navan



# Upcoming Matches

## Men Matches



7 February 2026



Dublin University 2nd



Navan 1st



Trinity College



21 February 2026



Navan 1st



Kilkenny 2nd



ALSAA



28 February 2026



Rathgar 3rd



Navan 1st



The High School Rathgar



## Women Matches



7 February 2026



Navan 1st



Monkstown 5th



Mercy Navan



28 February 2026



Corinthians 4th



Navan 1st



St Columbas College



## Club Stories

With the **New Year underway** and **training sessions** back in **full swing**, 2026 is shaping up to be an exciting and ambitious year for **Navan Hockey Club**.

There's a real **sense of momentum** around the club as **players, coaches, and supporters** return refreshed and ready for what lies ahead.



One of our **biggest goals** for the **coming years** is the **development** of a proper **Astro pitch** for **Navan Hockey Club** — a facility that would be a huge step forward for our players at every level and help **secure the future growth** of the club. To make this vision a reality, we will be hosting a **series of fundraising events** throughout the year, and we're delighted to share details of the first one.



Our **Table Quiz Fundraiser** will take place on **Friday, 20th March 2026, at 7:30pm** in **Teach Na Teamhrach (C15 T0CR)**. This promises to be a fun and social evening for all, with some fantastic prizes lined up. Entry is **€40** per table (maximum of **4** people per table), so gather your **friends, family, or teammates** and **book early** to avoid missing out!

We look forward to seeing the **Navan hockey community** come together to support this exciting project. Every bit of support helps bring us one step closer to achieving a permanent home for our club.

More details on **upcoming events** will be shared in the coming Month's — **watch this space!**

## OUR LOVELY SPONSORS

### PCI Pharma Services

**N**avan Hockey Club would like to give a big shoutout and thank you to PCI Pharma Services for their generous sponsorship of new jerseys for the younger girls' team.

The players were absolutely delighted to receive their fresh kit, and they wear it with pride every time they step onto the pitch.

Your support helps us grow the sport and inspire confidence in our younger players — and they're now looking sharper than ever! Thank you for being part of our hockey journey.



### 52 For You

**N**avan Hockey Club would like to extend a warm and heartfelt thank you to 52 For You for their generous jersey sponsorship. While some time has passed, we haven't forgotten your support — and we're truly grateful!

The jerseys you provided have been worn with pride by our players, adding a real boost of team spirit and unity. Your contribution has made a lasting impact, and we're so glad to have you as part of the Navan Hockey Club family.



### The Central Navan

**N**avan Hockey Club would like to extend a heartfelt thank you to The Central Navan for their incredible support and generosity. From sponsoring events and providing vouchers, to hosting a previous ABBA Disco Bingo night and celebrating with the lads after their previous league wins — you've been there every step of the way and deserve a massive thank you from everyone in Navan Hockey Club!



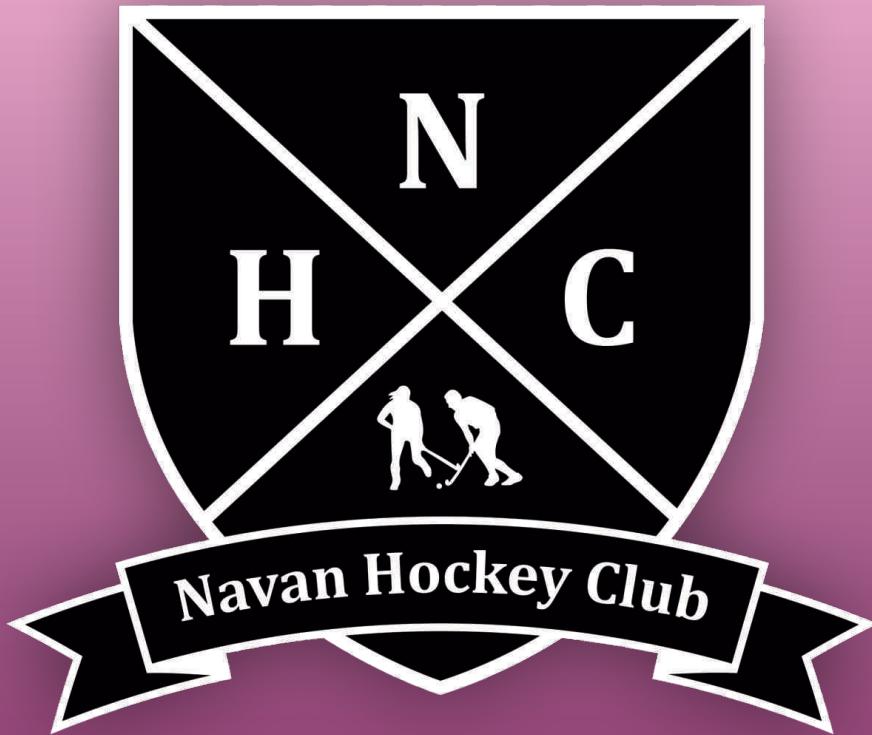
### Bannon Auctioneers & Valuers

**A** heartfelt thank you to Bannon Auctioneers & Valuers for their generous and ongoing support of Navan Hockey Club. Not only did they sponsor a fantastic prize for our family fun day event, helping to make the day even more memorable, they also provided jackets for the ladies' team — which are still proudly worn to this day!

Your support has made a real difference to our club, both on and off the pitch. We're incredibly grateful to have you as part of the Navan Hockey Club community.

# NAVAN HOCKEY CLUB

Newsletter



# Thank You For Reading!

Come Back Next Month For More Club Related News



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See You Next Month!