



NAVAN Hockey Club

Newsletter



GENERAL Info

Welcome to the Second Edition of the Navan Hockey Club Newsletter!

We're delighted to share another round of updates and news with you from the heart of Navan Hockey Club! This month, our focus is on an exciting new **Development Project** designed to strengthen our club for the future. From ensuring our coaches and volunteers are vetted and safeguarding certified, to building up our coaching team with more **Level 1 qualifications**, there's a lot happening behind the scenes to grow the game we love.



We'll also be talking about new opportunities like **Hockey4All**, which will provide inclusive sessions for children and adults with disabilities, as well as introducing **Young Hockey Leaders** – courses for our 14–18 year olds to help them get involved in coaching. Alongside this, we'll take a look back at what's been happening around the club – including pitch clean-ups and volunteer efforts – and bring you our regular features:

Meet the Committee – get to know the people behind the scenes and their roles. **Training Times & Fixtures** – for our Men's, Ladies', and Juvenile teams



Thanks for following along, and here's to another busy and positive month ahead with **Navan Hockey Club!**

GENERAL INFO - TEAMS

Mens

We're excited to introduce the leadership team for our Men's side this season! Pictured left is **Matteus Costa Wallace**, our new **Men's Vice-Captain**, who will also be taking charge of training sessions for the upcoming season. His commitment and energy on and off the pitch will be a huge asset to the squad.

Pictured right is **Ciaran Kearns**, our new **Men's Captain**, proudly nominated by last season's captain, **Philip Gary**. Ciaran brings both experience and passion to the role, and we're looking forward to seeing him lead the team into a strong season ahead.



Men's hockey training sessions take place every **Tuesday** from **8:00–9:30pm** at the Aura Leisure Park, **C15 N274**, in Navan.



New players are always welcome — whether you're returning to hockey or picking up a stick for the first time, come along and give it a go!

A special thank you goes to the **Boyne Men's Hockey Team**, who we faced in a pre-season friendly on **Monday, 25th August**. It was a great match to get the lads sharp and ready, with Navan taking the win on the night.

The **first league game** for the Men's team will be a **home** fixture on Saturday, **20th September**, against **Monkstown 1st**



This will be followed by the **second league** match on Saturday, **27th September**, away against **Avoca 5ths** at Newpark Comp School

We can't wait to see supporters on the sideline cheering the team on!

GENERAL INFO - TEAMS

Womens

The Navan Ladies have been hard at work on the pitch these past few weeks, building skills, fitness, and confidence — and having plenty of fun along the way! Training sessions have been buzzing with energy under the guidance of our coach **Mike**, whose encouragement and sharp eye for detail are helping us push our game to the next level. We're also looking forward to a possible friendly against **Trinity** on **Wednesday, 3rd September** in Dublin — more information on this match will follow soon. Keep an eye on the socials



Our **first league match** of the season takes place on Saturday, **20th September**, when we take on **Portrane 2nds** at **home** in St. Joseph's Mercy Secondary School. It promises to be a fantastic start, and the team can't wait to put our preparation into action.

The second league match will be against Old Alexandra 4ths in Alexandra College on the 27th September.



Here's to a season filled with teamwork, determination, and great hockey. We hope to see plenty of supporters on the sideline cheering us on — let's make this one to remember!

Training takes place every **Wednesday** from **8pm** to **9.15pm** at Aura Leisure Park, **C15 N274**, and we'd love to see both returning players and new faces on the pitch.

Juveniles

We're thrilled to kick off another exciting season for our Juveniles, with training starting back on Sunday, **7th September**. Sessions will run every week from **11am** to **12pm** at Aura Leisure Park, **C15 N274**.

Our Juvenile programme is all about fun, friendship, and building confidence while learning the core skills of hockey. Whether your child is picking up a stick for the very first time or already has a few seasons under their belt, this is the perfect place to grow their love for the game in a safe and encouraging environment.



Member registration is now open — head to our website to register your child and secure their spot for the season ahead.

New members are always welcome! With dedicated coaches, enthusiastic teammates, and plenty of energy on the pitch, it's shaping up to be a fantastic year for our youngest players. Let's make this season one to remember!

Men Upcoming Matches

20th September 2025

Navan 1st  VS  Monkstown 1st
ALSAA Sports Centre

27th September 2025

Avoca 5th  VS  Navan 1st
Newpark Comp School

Women Upcoming Matches

20th September 2025

Navan 1st  VS  Portrane 2nd
St Josephs Mercy Secondary School

27th September 2025

Old Alexandra 4th  VS  Navan 1st
Alexandra Collage, Dublin

Club Stories

This August, the Navan Hockey Club Ladies showed their spirit both on and off the pitch by leading the way in our pitch clean-up. From clearing weeds to tidying the edges, the team effort was incredible and left the grounds looking ready for the season ahead. It wasn't just about cleaning – it was a great reminder of the determination and community spirit that makes our club so special.



With September fast approaching, the Ladies are eager to get back on the pitch and kick off what promises to be an exciting season.

This season, **Navan Hockey Club** is proud to launch an exciting new **Development Program** aimed at building a stronger, safer, and more inclusive future for our members. The program focuses on: **Vetting & Safeguarding** – ensuring all coaches and volunteers working with children are

vetted and have completed Safeguarding 1. **Coaching Pathways** – supporting more members to complete the Rules of Hockey, Fundamentals of Coaching, and Level 1 Coaching course. **Hockey4All** – introducing hockey sessions for children and adults with disabilities, supported by ADI courses such as Autism in Sport and Disability Awareness. **Young Hockey Leaders** – giving our 14–18 year olds the chance to develop skills and assist with junior and Hockey4All coaching.



With training and support in place for coaches and volunteers, this program will help us grow as a club, welcome more players, and keep hockey open to everyone in our community.



BOARD OF ACHIEVEMENTS

Future Stars on the Sidelines



A huge well done to *Sarah, Amabel, Chloe, Penny, Enda, and Euan* who proudly represented *Navan Hockey Club* as part of the ball patrol team at the final match of the Spain Series for the Irish Women.

Our young players not only did a fantastic job supporting the game but also had the chance to watch Team Ireland secure the series against a tough Spanish side. It was an incredible experience and a memory that will stay with them — a glimpse of what's possible for our future stars in green!

Congrats, Class of 2025!

A huge congratulations to all our *Navan Hockey Club* pupils who recently received their *Leaving Certificate results*. We're incredibly proud of the hard work, dedication, and resilience you've shown — both in the classroom and on the hockey pitch.

No matter what path you choose next, whether it's college, apprenticeships, or new adventures, remember that your *Navan Hockey Club family* is cheering you on every step of the way.

You've already achieved so much, and the best is yet to come!



Off to College!

A huge congratulations to two of our players as they take the next big step in their journeys!

Penny has secured a place at *IADT*, where she'll be studying *Design for Film*.

Pen has been accepted into a college in *London* to study *Fine Arts*.

We're so proud of both of you and can't wait to see all the amazing things you'll create.

Best of luck as you begin this exciting new chapter!



MEET YOUR COMMITTEE



Shane Dooley Chair

As Chairperson, Shane Dooley leads the club by guiding the committee, supporting coaches, and helping the club grow both on and off the pitch. His role ensures everything runs smoothly and that Navan Hockey Club continues to thrive each season.

Helen Heany Vice-Chair

Hi, I'm Helen (55), living in Kilberry just outside Navan. I First joined Navan HC in 1989, took a long break to raise my family of 3, and returned to rejoin the madness and mayhem of Navan Hockey Club.

I am a dairy farmer in partnership with my husband Martin and daughter Tara. I still play (despite my advanced years) with the ladies team. I also coach one of our juvenile teams and I'm a member of our committee.

I enjoy mixing with all the different age groups in the club, especially our junior members. My greatest pleasure is spending time with my 4 grand kids, reading books, singing songs, jumping on the trampoline and generally living my best life.



John Dooley Treasurer

As Treasurer, John Dooley takes care of the club's finances, making sure everything adds up behind the scenes. But his contribution goes far beyond the numbers — John also helps keep the Aura pitches clean and ready for play, and makes sure the club has the equipment it needs to thrive. His hard work and dedication play a big part in keeping Navan Hockey Club running smoothly.

Róisín Byrne Secretary

Playing on the ladies team since 2021, I really enjoy being part of the team and looking forward to this coming season.

Outside of hockey I enjoy farming and arts and crafts



Jenny Dunne Assistant Secretary

Hi. I'm Jenny (51), I live in Trim. I joined NHC four years ago. I'm married to John. I enjoy watching soccer and I'm a huge Liverpool fan.

My other interests are singing, reading, baking and just enjoying life.



OUR LOVELY SPONSORS

PCI Pharma Services

Navan Hockey Club would like to give a big shoutout and thank you to PCI Pharma Services for their generous sponsorship of new jerseys for the younger Girls Team. The players were absolutely delighted to receive their fresh kit, and they wear it with pride every time they step onto the pitch.

Your support helps us grow the sport and inspire confidence in our younger players — and they're now looking sharper than ever! Thank you for being part of our hockey journey.



The Central Navan

Navan Hockey Club would like to extend a heartfelt thank you to The Central Navan for their incredible support and generosity. From sponsoring events and providing vouchers, to hosting a previous ABBA Disco Bingo night and celebrating with the lads after their previous league wins — you've been there every step of the way and deserve a massive thank you from everyone in the Navan Hockey Club!

52 For You

Navan Hockey Club would like to extend a warm and heartfelt thank you to 52 For You for their generous jersey sponsorship. While some time has passed, we haven't forgotten your support — and we're truly grateful!

The jerseys you provided have been worn with pride by our players, adding a real boost of team spirit and unity. Your contribution has made a lasting impact, and we're so glad to have you as part of the Navan Hockey Club family.



Bannon Auctioneers & Valuers

A heartfelt thank you to Bannon Auctioneers & Valuers for their generous and ongoing support of Navan Hockey Club. Not only did they sponsor a fantastic prize for our Family Fun Day event, helping to make the day even more memorable, but they also provided jackets for the Ladies team — which are still proudly worn to this day!

Your support has made a real difference to our club, both on and off the pitch. We're incredibly grateful to have you as part of the Navan Hockey Club community

NAVAN Hockey Club

Newsletter



Thank You For Reading!

Come Back Next Month For More Club Related News

Written By: Ciaran & Nicolene

GOT SOMETHING TO MENTION OR BRAG ABOUT?

 [@navanhockeyclub](https://www.instagram.com/navanhockeyclub)

 www.navanhockeyclub.ie

 [NavanHockeyClub](https://www.facebook.com/NavanHockeyClub)

newsletter@navanhockeyclub.ie 

See You Next Month!